



SALT FORK YMCA POOL SCHEDULE

SUMMER 2026

Swimm Lessons: July 6th—July 16th

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY		
5:30AM	Lap Swim Family Rec Swim	Lap Swim Family Rec Swim	Lap Swim Family Rec Swim	Lap Swim Family Rec Swim	Lap Swim Family Rec Swim	CLOSED	CLOSED		
6:00AM									
6:30AM									
7:00AM		Deep Water 6:45 - 7:30		Lap Swim Family Rec Swim		Deep Water 6:45 - 7:30		Lap Swim Family Rec Swim	Lap Swim Family Rec Swim
7:30AM									
8:00AM		Lap Swim Family Rec Swim		Lap Swim Family Rec Swim					
8:30AM									
9:00AM	Rusty Hinges 9:00 - 10:00	Rusty Hinges 9:00 - 10:00	Rusty Hinges 9:00 - 10:00	Rusty Hinges 9:00 - 10:00	Rusty Hinges 9:00 - 10:00	CLOSED			
9:30AM									
10:00AM	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons	Lap Swim Family Rec Swim 10:00—1:00			Masters Swim 11:00-1:30 & Lap Swim Family Rec Swim 11:00—5:00	
10:30AM	10:30—11:00	10:30—11:00	10:30—11:00	10:30—11:00					
11:00AM	Lap Swim Family Rec Swim 11:00-1:00	Day Camp	Lap Swim Family Rec Swim 11:00-1:00	Day Camp					
11:30AM		Lap Swim Family Rec Swim 11:30-1:00		Lap Swim Family Rec Swim 11:30-1:00					
12:00PM									
12:30PM									
1:00PM	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	Lap Swim Family Rec Swim 11:00—5:00	Lap Swim Family Rec Swim 1:00—5:00		
1:30PM									
2:00PM									
2:30PM									
3:00PM									
3:30PM	Lap Swim Family Rec Swim 3:30-5:30	Lap Swim Family Rec Swim 3:30-5:30	Lap Swim Family Rec Swim 3:30-5:30	Lap Swim Family Rec Swim 3:30-5:30	Lap Swim Family Rec Swim 3:30-5:00				
4:00PM									
4:30PM									
5:00PM									
5:30PM	Swim Lessons 5:30-6:00	Swim Lessons 5:30-6:00	Swim Lessons 5:30-6:00	Swim Lessons 5:30-6:00	CLOSED	CLOSED	CLOSED		
6:00PM									
6:30PM	Lap Swim Family Rec Swim 6:15-8:00	Aqua Zumba 6:00-7:00	Lap Swim Family Rec Swim 6:15-8:00	Aqua Zumba 6:00-7:00					
7:00PM									
7:30PM		Lap Swim Family Rec Swim		Lap Swim Family Rec Swim					
8:00PM									

Holiday & Inclement weather may effect the Aquatics Area availability.

Lightning Policy: In case of thunder/lightning storms, we will close the pool as recommended by YMCA of the USA guidelines. The pool will remain closed for 30 minutes after each detected lightning strike. Lifeguard on duty will make official decision on weather openings/closings. 06/08/2026