Salt Fork YMCA Gym Schedule

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

December

	Monday		Tuesday		Wednesday		Thursday		Friday		SAT.	SUN.
	East	West	East	West	East	West	East	West	East	West		
5:00												
5:30												
6:00												
6:30												
7:00												
7:30												
8:00												
8:30												
9:00												
9:30												
10:00											Volleyball Games	
10:30												
11:00												
11:30												
12:00												
12:30												
1:00		Pickleball				Pickleball				Pickleball		
1:30												
2:00												
2:30												
3:00												
3:30												
4:00	Gymnastics				Gymnastics						Adult Futsal League	
4:30			Gymnastics				Gymnastics					
5:00		Volleyball Practice						Volleyball Practice		Volleyball Practice		
5:30												
6:00												
6:30												
7:00												
7:30												
8:00												
8:30												
9:00												